Helsedirektoratet
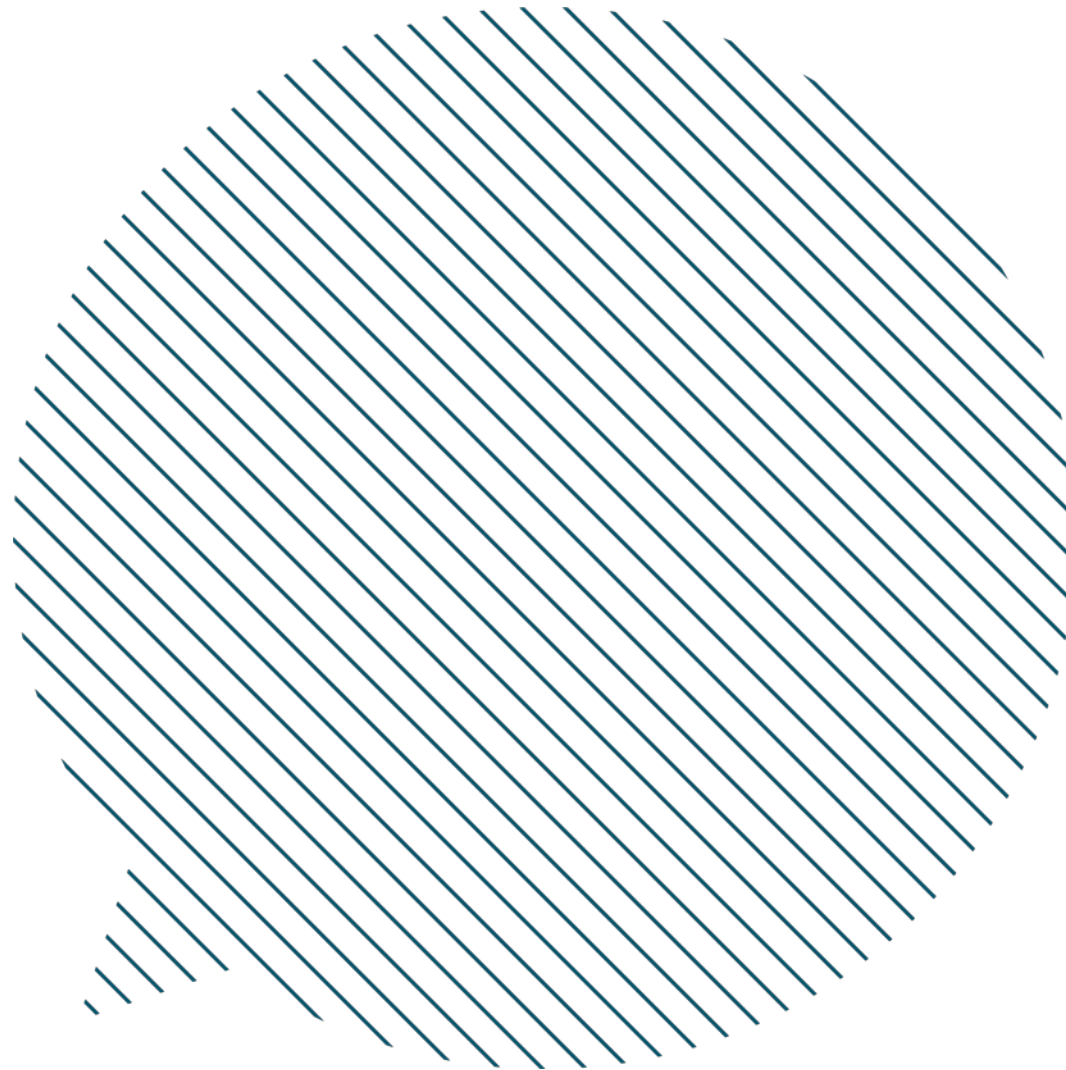
How can we ensure that digital tools are accessible, effective and trusted?

Øystein Tveite, project manager, Directorate for Health

Why? What are the needs?

- People seek digital answers

- There is a jungle out there, and the gold is hidden among all the rubble

- Traditional services are not universally accessible

- Health care budgets is going throught the roof

- Innovation is happening – we must provide a market place

How?

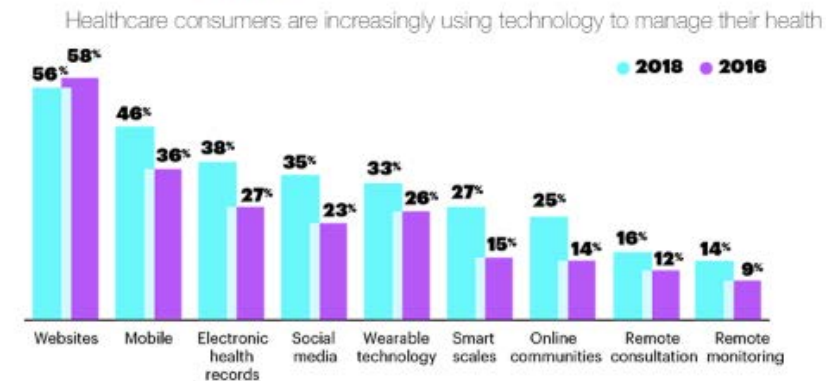- A common national framework for assessement that ansvers:

- Does it work? I.e does it solve what it pertains to solve?

- Is it safe? Is the data safe and does it have «side- effects»?

- Is it accessible (technologically, financially)

How we assess health apps and digital tools

All products published on the NHS Apps Library must meet a set of standards.

Page contents

Top of page
How the assessment works
Step 1: check eligibility
Step 2: register details
Step 3: technical assessment and standards
Step 4: get published on the library
Preview the questions
How the questions are updated

How the assessment works

Developers will need to answer a range of digital assessment questions (DAQ), to make sure that only safe and secure apps and digital tools are published on the NHS Apps Library.

The questions in the assessment have been

- cover national standards, regulations a
- help us to see how a product performs a

The number of questions depends on the p

- complexity
- potential clinical effectiveness
- data protection responsibilities

Evaluating diabetes self-help tools

There is an increasing amount of self-help tools among people with diabetes. They use apps, social media and various cloud-based solutions to cope. Now, e-health researchers will make guidelines for evaluating the apps and online resources they use.

The research team, from left: Prof. Eirik Årsand, PhD student Meghan Bradway, MD Anne Grethe Olsen and Dr. Konstantinos Antypas. Pictured on tablets: Dr. Elia Gabarron and Prof. Gunnar Hartvigsen. Foto: Jarl-Stian Olsen.

It is about trust

- Is it really different from traditional health care and medication?

- The difference is that people can access it without prescription – an out of context

" **Trusted and safe**

The NHS Apps Library helps users to find trusted health and wellbeing apps that have been assessed to be clinically safe and secure to use.
These products can help to ensure that people are better able to take an active role in managing their own mental and physical health.
All products on the library have met standards sourced by NHS Digital, including evidence of clinical safety, security and technical stability.

Financing

- Health care providers pay licence fees?

- National authorities buy throught procurement?

- National authorities develop and run programmes/tools?

- Users pay all (or some)?

Free – funded by NGO

Not so free – out of pocket 45USD/ month

When and where?

- One national toolbox for consumers/patients

- Builds trust, facilitates navigation/search

- And allows for dialogue/assitance from GPs/other health professionals

Contact

- https://helsenorge.no/baredu

- https://minhelse.helsenorge.no/verktoy

- email: oyt@helsdir.no